

The Sorghum Sisters is an AMES social enterprise operating from Carlton Primary School. The Sorghum Sisters offer traditional cuisine from countries in the Horn of Africa as well as providing a healthy lunch program to the local school community. We are committed to meeting your special dietary requirements.

## SORGHUM SISTERS • CATERING MENU

All food is homemade

### Savoury Food Description

<b>Sambosa</b>	Crispy pastries. Choice of fillings: beef & green chilli (halal), lentils, herbs and African spice (vegan) or spicy vegetable and herb (vegan)
<b>Fatira</b>	Puff pastry filled with fetta cheese & berbere spice.
<b>Injera rolls</b>	African flat bread filled with a selection of beef, lamb or vegetable curries (vegan) and served as a roll piece
<b>Dips</b>	Vegetarian dips served with a selection of vegetable crudité's & crispy z'atar bread (vegan available)
<b>Chicken drumettes</b>	Baked with spicy lemon marinade
<b>Wholemeal wraps</b>	Filled with a selection of fresh herbs & salad: spiced egg, chicken; fetta or cheddar; tuna or salad
<b>Rice kofta</b>	Pumpkin, sweet potato, herb and cheese, rice ball rolls in z'atar
<b>Meat kofta</b>	Spicy beef, lamb herb log
<b>Felafel</b>	Chickpea, Fava bean & herb pattie
<b>Curries</b>	
<b>Zigni</b>	Slowly cooked halal beef in onion & chilli
<b>Alicha</b>	Chunky vegetables, with African spices
<b>Kiki</b>	Split pea & vegetable curry
<b>Duba</b>	Chunky pumpkin & coriander curry
<b>Kosta</b>	Slowly cooked halal lamb & silverbeet curry
<b>African rice</b>	Flavoured with cardamom & coriander
<b>Injera</b>	Flat African bread

### Finger Food

Available as single item  
per person (Minimum 10)  
3 items \$ 7.00 pp –  
5 items \$12.00 pp

- Sambosa
- Fatira
- Drumettes (2 per serve)
- Rice Kofta (2 per serve)
- Meat Kofta (2 per serve)
- Felafel
- Dips
- Fruit skewers

### African Banquet

\$25.00 per person

- Fatira
- Sambosa (2)
- Drumettes (2)
- African rice
- Curries (Choice of 2)
- Injera bread
- Leafy salad with lemon

### African Wrap

\$15.00 per person

- Fatira (1)
- Drumettes (2)
- Sambosa (2) beef or  
Vegetarian
- Wholemeal wraps  
(3 choices of filling)

### Traditional African

\$15.00 per person

- Fatira (1)
- Sambosa (2)  
beef & or vegetarian
- Dips
- Injera roll  
(2 choices of curry filling)

### Salad

\$15.00 per person

- African rice with almond,  
vegetable & herb salad
- Almond, vegetable &  
herb salad
- Tuna, tomato, green bean  
& egg salad
- Leafy salad with lemon
- Crispy z'atar flatbread

### African Curry

\$12.00 per person

- Choice of 2 curries
- African rice

### Morning or Afternoon Tea

\$8.00 per person

- Fatira (1)
- Sweet selection
- Fruit platter

### Sweet Selection

\$3.00 per person

- Basbosa – Buttery coconut  
slice
- Pistachio baklava
- Selection of homemade  
biscuits

### Special Items

**Hambasha**  
Large sweet African bread  
(Serves 20 available after 3 pm)  
\$12.50

**Gift Box**  
Biscuit selection \$5.00

**Biscuits**  
Platter of 1 kg (Serves 10 – 12)  
\$25.00

**Mokascas**  
Cardamom syrup &  
coconut donut \$2.00 each

#### Terms & Conditions

#### Minimum Orders

Week days \$150  
Evening (from 5 pm) \$400  
Weekend \$800

All prices exclusive of GST.

A deposit will be required on  
large orders.

#### Equipment:

Catering bookings do not include catering equipment.  
Supplier contacts can be provided if required.

**Delivery:** Free delivery within the CBD for catering orders  
between 10 am to 5 pm Monday to Friday Outside the CBD  
charges will apply.

**Cancellation:** A minimum 48 hour change and cancellation  
notice required. Any reduction of numbers or cancellation  
received less than 48 hours will incur a 50% original order

Final confirmation required no later than 2 working days  
prior to the function date.

We can tailor a menu to suit your needs halal, gluten free,  
vegetarian and vegan options are available.

For further Information or to organise your catering  
needs please contact AMES Catering

**Monday to Friday, 10am – 4pm**  
**Phone: 8558 8882**  
**Email: catering@ames.net.au**